

# **We offer two types of boarding - Lie Down Boarding or Stand up Boarding.**

### **- Lie Down Boarding:**

No experience necessary. The sandboarder lies on their stomach shooting head first down the dune. After a brief instruction period we head up the dune for our first ride which we call Little Nellie. This ride make a gentle arc down the dune and introduces the boarder to the feel of the rides and gives them practice in steering and stopping the board. From there we move to the second "training" ride called the Birgit Run. This ride is longer, steeper and faster than the first. Lizzie is the first of the real rides and the third ride on the dune. The boarder is now confident with reaching speeds up to 60 kph (37 mph).



Can be used as a fun activity for children and adults alike. It is a great way to spend a day in the desert and enjoy the beautiful scenery. Sandboarding is a popular activity in many desert resorts and is often included in desert safaris. It is a fun and exciting way to experience the desert and its unique landscape.



Age is not a barrier to sandboarding. Many people, including children, are found on the sand dunes. Younger



Slide 2: A group of people sandboarding down a dune. The group is diverse in age and appearance, and they are all wearing helmets and casual clothing. They are smiling and appear to be enjoying the activity. The dune is a uniform light brown color, and the sky is a clear, pale blue.



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